

FEBRUARY

2021

SUN MON TUE WED THU FRI SAT

	1 Kids Take and Make Craft All Day Around the Library: Overdrive and Libby 5:00-6:00PM Virtual Bedtime Stories 7:00-7:30PM Virtual Pizza and Pages 7:00-8:00PM	2 Virtual Preschool Story Time 10:30-11:00AM	3 Preschool Take and Make Craft Kit All Day Virtual Family Story Time 10:30-11:00AM Virtual S.A.G.A 4:30-5:30PM Microsoft Word: Basic Navigation 6:00-7:30PM	4 Teen Take and Make Craft All Day Virtual Yoga 10:00-11:00AM People You Should Know: Picture Book Biography 10:30-10:45AM Windows for Beginners 3:00-4:00PM	5 MRRL/American Red Cross Blood Drive 10:30-4:00PM Virtual Rhyme Time 10:30-11:00AM Valentine's Day Sweets 7:00-8:30PM	6
7	8 Virtual DIY Homesteading 6:30-7:30PM Virtual Bedtime Stories 7:00-7:30PM Bloggers Belong 6:30-7:45PM	9 Virtual Preschool Story Time 10:30-11:00AM Virtual Novel Ideas 7:00-8:00PM Gmail: The Basics 6:00-7:30PM	10 Preschool Take and Make Craft Kit All Day Virtual Family Story Time 10:30-11:00AM Microsoft Word: Document Basics 6:00-7:30PM	11 Virtual Yoga 10:00-11:00AM People You Should Know: Picture Book Biography 10:30-10:45AM Virtual Dungeons & Dragons 6:00-8:30PM	12 How to Sensory Play 10:30-11:00AM MRRL/American Red Cross Blood Drive 10:30-4:00PM	13
14	15 CLOSED President's Day Around the Library: Gale Legal Forms 5:00-6:00PM	16 Adult Take and Make 9:00AM-4:00PM Virtual Preschool Story Time 10:30-11:00AM Among Us 7:00-8:00PM Google Drive 6:00-7:30PM	17 Preschool Take and Make Craft Kit All Day Virtual Family Story Time 10:30-11:00AM Microsoft Word: Advanced Tips 6:00-7:30PM	18 Teen Take and Make All Day Virtual Yoga 10:00-11:00AM People You Should Know: Picture Book Biography 10:30-10:45AM Virtual Bookworms 4:00-5:00PM	19 Virtual Rhyme Time 10:30-11:00AM Ending Food Insecurity: The Challenge Now 7:00-8:30PM	20
21	22 Kids Take and Make Craft All Day Virtual Loosely Bound Book Club 6:00-7:30PM Virtual Bedtime Stories 7:00-7:30PM LU-MRRL Lecture Series 7:00-8:15PM	23 Virtual Preschool Story Time 10:30-11:00AM Troubleshooting Techniques 6:00-7:30PM	24 Preschool Take and Make Craft Kit All Day Virtual Family Story Time 10:30-11:00AM	25 Virtual Yoga 10:00-11:00AM People You Should Know: Picture Book Biography 10:30-10:45AM Virtual Minecraft @ MRRL 4:00-5:30PM Virtual Dungeons & Dragons 6:00-8:30PM Food Shopping on a Budget 6:30-7:30PM	26	27

28



(573) 634-2464



www.mrrl.org



Follow the Missouri River Regional Library on Facebook!

KEY

- Adults
- Computer
- Kids
- Teens
- Teens & Adults

Sign up for weekly
UPDATES
at www.mrrl.org



* An Adults Winter Reading Program will be offered January 1-March 1. Sign up online at mrrl.readsquared.com to join today.

FEBRUARY 2021



Learn to make homemade pastries for your sweetheart with Father Dominic, the Bread Monk

Request books, kits, and multimedia items to be delivered to our new Anytime Lockers at the Capital Mall!

TECH CLASSES

AROUND THE LIBRARY: OVERDRIVE AND LIBBY
MONDAY, FEB 1 | 5:00-6:00p.m. | Virtual Program
Overdrive and Libby are our most-used apps for checking out e-materials, and they're easy to learn! Join us for a tutorial on how both apps work. We will go over the basics of how to acquire the app(s), how to search for titles, and tips and tricks for a more efficient experience.

MICROSOFT WORD: BASIC NAVIGATION
WEDNESDAY, FEB 3 | 6:00-7:30p.m. | Virtual Program
Microsoft Word is a useful tool, used for a variety of jobs and tasks. This class will explore how to easily and accurately navigate the software (Microsoft 2016 or higher). Register online at mrrl.org/events/month.

WINDOWS FOR BEGINNERS (VIRTUAL)
THURSDAY, FEB 4 | 3:00-4:00p.m. | Virtual Program
This class will help you explore all the things Windows 10 has to offer, including shortcuts, browsing, and more. Register online at mrrl.org/events/month.

BLOGGERS BELONG
WEDNESDAY, FEB 8 | 6:30-7:45p.m. | Virtual Program
Are you a blogger? Have you considered starting a blog? Would you like to connect with other bloggers? Join us for the Bloggers Belong session! The discussion will be led by Melanie A. Peters of www.intentergy.com. Register online at mrrl.org/events/month.

GMAIL: THE BASICS
TUESDAY, FEB 9 | 6:00-7:30p.m. | Virtual Program
Gmail has a lot of components. Luckily, the library can help you navigate it! In this class, we will teach you on how to use Gmail, with step-by-step instructions on how to attach documents and media, how to control notifications, and more. Register online at mrrl.org/events/month.

MICROSOFT WORD: DOCUMENT BASICS
WEDNESDAY, FEB 10 | 6:00-7:30p.m. | Virtual Program
Microsoft Word is a useful tool, used for a variety of jobs and tasks. This class will explore how to create and edit documents easily (Microsoft 2016 or higher). Register online at mrrl.org/events/month.

AROUND THE LIBRARY: GALE LEGAL FORMS
MONDAY, FEB 15 | 5:00-6:00p.m. | Virtual Program
Gale Legal Forms is one of our newest databases at the library, and it's free with your library card! Gale is a comprehensive database where you can search for legal forms, and find resources relating to law. Join us for a tutorial on how it works. We will go over the basics of how to navigate it, including useful search terms, how to use the attorney directory, and more.

GOOGLE DRIVE
TUESDAY, FEB 16 | 6:00-7:30p.m. | Virtual Program
Google Drive has a lot of components. Luckily, the library can help you navigate it! In this class, we will teach you on how to use Drive, with step-by-step instructions on how to upload, send, and organize files, and other tips and tricks to streamline your experience. Register online at mrrl.org/events/month.

MICROSOFT WORD: ADVANCED TIPS
WEDNESDAY, FEB 17 | 6:00-7:30p.m. | Virtual Program
Microsoft Word is a useful tool, used for a variety of jobs and tasks. This advanced class will cover adding styles, saving files as a PDFs, mail merge, printing on a letter or labels, and formatting. We highly recommend that you have a basic knowledge of Microsoft Word (2016 version or higher). Register online at mrrl.org/events/month.

TROUBLESHOOTING TECHNIQUES
TUESDAY, FEB 23 | 6:00-7:30p.m. | Virtual Program
Sometimes computers and software can be frustrating. They might freeze or shut down unexpectedly, which can lead to lost time and patience. But the library is here to help! Join us to learn about techniques you can use to discover computer problems yourself (before needing to call tech support). Register online at mrrl.org/events/month.

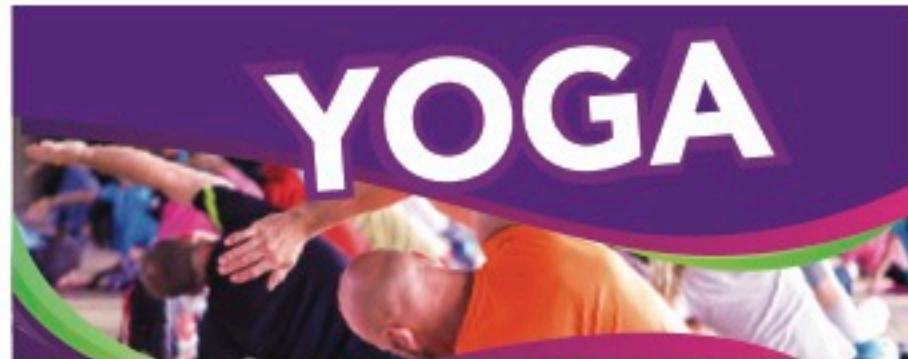


WINTER WORDS ADULT READING CLUB

January 1-March 1

Join MRRL's Adult Winter Reading Club and challenge yourself to read more during the quiet days of the chilly season. From January 1 until March 1, read five books in any format (print, audio, electronic), and submit the titles in one of three ways: via a paper form obtained at the library's Reference Desk, electronically by downloading the Read Squared app at <http://mrml.readsquared.com> or by sending an email to info@mrml.org.

This year, we're asking participants to name a favorite book from those they read last year, a book they'd recommend to a family member or friend. We'll publish a list of these favorites and post it on the library's website. And we'll do random drawings for book-related prizes at the end of the program.



VIRTUAL YOGA

Thursdays, Feb 4, 11, 18, & 25
10:00-11:00a.m. | Zoom

Rejuvenate your mind and body. Join us live streaming into your homes. Join us on Zoom at <https://zoom.us/j/99465497262?pwd=LzFnc1RsS0ZRdGhSZFN5ZGJTNmQrQT09>

MRRL/AMERICAN RED CROSS BLOOD DRIVE

MRRL/AMERICAN RED CROSS BLOOD DRIVE

Fridays, February 5 & 12
10:30 a.m. - 4:00 p.m. | Art Gallery

Please call 1-800-RED-CROSS (1-800-733-2767) or visit redcrossblood.org and enter: JeffersonCitycommunity to schedule an appointment.

Valentine's Day Sweets

VALENTINE'S DAY SWEETS

Friday, February 5 | 7:00-8:30p.m.

Homemade pastries for your sweetheart are easier than you think. Prepare for Valentine's Day with a Zoom program from Father Dominic, the Bread Monk. Learn how to make flaky puff pastry from scratch in less time than it takes to go to the store, and see how to use it to make buttery, bite-sized treats like heart-shaped cronuts, dark chocolate pockets and caramel pecan mini rolls. Time for your baking questions will be included. Your Valentine will thank you for tuning in!

The author of 10 cookbooks, Father Dominic is a monk and head of the religion department at Saint Bede Academy in Peru, Illinois. He hosted the PBS cooking show "Breaking Bread with Father Dominic" and is the recipient of national awards for his children's book, *Brother Jerome and the Angels in the Bakery*. When not baking or teaching, he can usually be found in the abbey herb garden.

Join us at <https://www.mrml.org/events/month>.

virtual DIY HOMESTEADING

DIY HOMESTEADING

Monday, February 8
6:30-7:00 p.m. | Facebook

Are you interested in homesteading, but not sure where to start? Do you want to live off grid, but don't know how? Do you just have questions about life on a homestead? This month Angie will be talking with Margo Jakobi about homesteading and living off grid right here in central Missouri. Contact Angie at baynea@mrml.org to submit questions for Margo or for more information. Join us at <https://www.facebook.com/groups/mrmladults>



VIRTUAL DUNGEONS & DRAGONS

Thursdays, February 11 & 25
6:00-8:30 p.m. | Virtual Program

Are you an adventurer at heart? Play Dungeons & Dragons with us online! You might stomp your way through an army of orcs, or go on a noble quest to rescue a whole town. You decide! Please contact Megan at mehmertm@mrml.org for more information or to sign up.



ADULT TAKE AND MAKE CRAFTS: YARN BIRD

Tuesday, February 16-28 |
9:00a.m.-4:00p.m.

Sign-up for a kit to make a yarn bird. We will provide you with the yarn and other supplies to make this cute yarn bird. You can pick up the kits starting on Tuesday Feb 16 from the Reference/Information desk.

Registration required at <https://www.mrml.org/events/month> or call the Information desk to register.

DID YOU MISS A VIRTUAL PROGRAM?

No worries, you can access the archived virtual programs on our website.

Adult programs:
<https://www.mrml.org/virtual-programs-adults>

Teen programs:
<https://www.mrml.org/teen-virtual-program-archives>

Kids programs:
<https://www.mrml.org/kids-virtual-programs-archive>

ENDING FOOD INSECURITY

ENDING FOOD SECURITY: THE CHALLENGE NOW

Thursday, February 18 | 7:00-8:30p.m. | Zoom

The Covid crisis has exacerbated the reality of food insecurity for families and individuals. Throughout the country, food banks report more and more families depending on their services for the first time, and television news shows the long lines of cars waiting to receive boxes of food necessities in town both large and small.

Jami Wade, regional coordinator for The Food Bank for Central and Northeast Missouri, will describe national and local needs, how food is sourced, what people receive from The Food Bank, the role of Feeding America, and the types of volunteer help The Food Bank needs. She also will discuss the local partner agencies, Buddy Packs, Veterans Packs, and Senior Boxes. The Food Bank serves 32 counties, including Cole.

Join us at <https://www.mrml.org/events/month>.

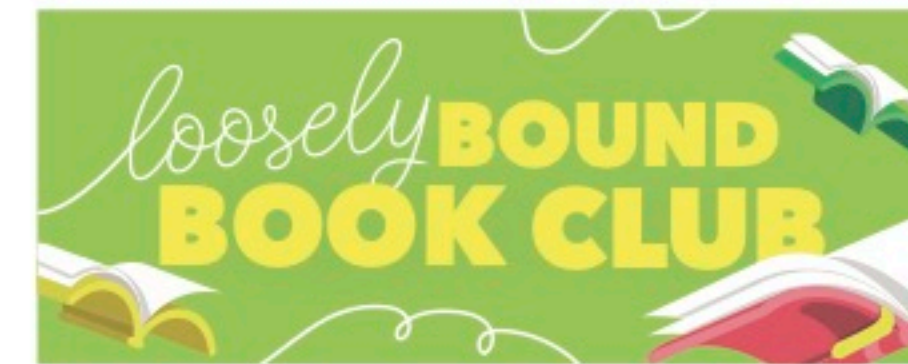
LU-MRRL LECTURE SERIES

ALL ABOUT CHOLESTEROL

Monday, February 22 | 7:00-8:15p.m. | Zoom

Commonly, when we talk about cholesterol, we assign it a negative connotation. However, is cholesterol such an evil compound? Get to know the cholesterol molecule, its role within our bodies and lives, and how it has helped in the development of some mind-blowing technological advances.

Dr. Vianney Gimenez-Pinto, assistant professor of physics and chemistry, will present this program about an always controversial topic. A link to the program will be provided prior to the start of the program.



VIRTUAL LOOSELY BOUND BOOK CLUB

Monday, February 22
6:00-7:30 p.m. | Zoom

Looking for your next great read? Join us at our newest book club! Instead of reading the same book each month, members read a book related to the theme of the month. This month's theme is humor, so read something funny! Discussion and recommendations abound! Ages 18 and up.

Join us at <https://www.mrml.org/events/month>.

FOOD SHOPPING ON A BUDGET

FOOD SHOPPING ON A BUDGET

Thursday, February 25 | 6:30-7:30p.m. | Zoom

Take a virtual grocery store tour to learn how to get the most nutrition while staying within your food budget. Topics will include reading food labels, comparing unit prices, finding whole grains and added sugars and sodium, and saving money on produce. Leading the tour will be Lynda Zimmerman, county engagement specialist in nutrition and health for the University of Missouri Extension.

Join us at <https://www.mrml.org/events/month>.

A FREE BOOK SUBSCRIPTION WITH YOUR LIBRARY CARD!



Visit www.mrml.org/mrml-book-box