JULY

SUN  MON  TUE  WED  THU  FRI  SAT

Virtual Bedtime Stories 7:00-7:30PM
Virtual Pizza & Pages 7:00-8:00PM
Virtual Knitting & Crocheting 6:00-8:00PM
Virtual Preschool Story Time 10:30-11:00AM
Virtual Family Story Time 9:30-10:00AM
Virtual Family Outdoor Story Time 10:30-11:00AM
Virtual Tech Tutorial 2:30-3:30PM
Virtual S.A.G.A. 4:30-5:30PM
Yoga in the Park 5:30-6:30PM

Yoga in the Park 9:00-10:00AM
People You Should Know: Picture Book Biography 10:30-1:45PM
Take & Make Crafts: Shrinky Dinks! 12:00-1:00PM
Yoga in the Park 5:30-6:30PM

Yoga in the Park 9:00-10:00AM
People You Should Know: Picture Book Biography 10:30-1:45PM
Virtual Dungeons & Dragons 6:00-8:00PM

Beat the Heat 10:00-11:00AM
Take and Make a Sensory Play 10:30-11:00AM

Ogiong: Movement Exercises with Meditation 9:30-11:00AM

Virtual DIY Homesteading 6:30-7:30PM
Virtual Bedtime Stories 7:00-7:30PM
Virtual Library, MRL Lecture Series: On What Makes Good Poetry 7:00-8:00PM
Virtual Knitting & Crocheting 6:00-8:00PM
Virtual Preschool Story Time 10:30-11:00AM
Virtual Family Story Time 9:30-10:00AM
Virtual Family Outdoor Story Time 10:30-11:00AM
Virtual Bookworms 4:00-5:00PM
Teen Animal Club 4:00-6:00PM
An Orphan Train Story: The Mystery of Joseph Aner Markway 7:30PM

Virtual Family Outdoor Story Time 10:30-11:00AM
Virtual Family Outdoor Story Time 10:30-11:00AM
Virtual Grandma's Story Time 10:30-11:00AM
Virtual Family Outdoor Story Time 10:30-11:00AM
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VITAL TECH TUTORIAL
Wednesday, July 7
2:00-3:00 p.m. | Event on Facebook
Even though we cannot meet in person, we can still learn together in the virtual world.

TECH CLASSES: Reservations required online at mrl.org

Google Docs: An Overview
Google Docs: An Overview

Virtual Tech Tutorial

Students and Teachers: Learn the basics of Powerpoint.

Google Docs: An Overview
Google Docs: An Overview

Bloggers Belong
Bloggers Belong

Virtual Tech Tutorial

Students and Teachers: Learn the basics of Powerpoint.

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Google Docs: An Overview

Bloggers Belong
Bloggers Belong
Programs for adults at the Missouri River Regional Library

**YOGA IN THE PARK**

**Wednesday**
5:30-6:30 p.m. | Library Park

**Thursday**
9:00-10:00 a.m. | Library Park

Come join us in the grassy park area of the library for Yoga. Rejuvenate your mind and body! All shapes, sizes and abilities are welcome. Bring a mat (or towel) to class if you have one, but these are not required. Drop-ins welcome. No charge - library program.

**VIRTUAL DIY HOMESTEADING**

**Monday, July 13**
6:30-7:30 p.m. | Event on Facebook

Have you ever been interested in homesteading? Do you want to reduce the amount of chemicals you buy for your home and food? Are you trying to go plastic free? Join us each month for a hands-on (virtual) class where we'll learn how to DIY various items for your home. This month we’re making our own disinfecting wipes! The first 8 registrants will even get kits to take home. Please email Megan at mread.squared@mrml.org for more information or to register. DIY Homesteading is pre-recorded, so feel free to watch the video anytime!

**VIRTUAL LU-MRL Lecture Series**

**Tuesday, July 7**
6:00-8:00 p.m. | Meeting via Zoom

Hop online and craft with us on Zoom! Knitters, crocheters, and fiber artists of all types are welcome.

**VIRTUAL DUNGEONS & DRAGONS**

**Thursday, July 9 & 23**
6:00-8:30 p.m. | Virtual Program

Are you an adventurer at heart? Play Dungeons & Dragons with us online! You might stump your way through an army of orcs, or go on a noble quest to rescue a whole town. You decide! (This program will be virtual for the foreseeable future. Please contact Megan at mehrmert@mrl.org for more information or to sign up.)

**VIRTUAL AN ORPHAN TRAIN STORY**

**Monday, July 13**
6:00-7:00 p.m. | Event on Zoom

Have you heard of the Orphan Train? Join us as we celebrate the story of Joseph Anker and the Orphan Train! Our stories of Joseph Anker will be read aloud and we will have a group discussion about the Orphan Train and the impact it had on those who participated.

**VIRTUAL LOOSELY BOUND BOOK CLUB**

**Monday, July 20**
6:00-7:00 p.m. | Meeting via Zoom

Looking for your next great read? Join us at our newest book club! Instead of reading the same book each month, members read a book related to the theme of the month. This month’s theme is “pandemics.” Ages 18 and up. Note: this event requires a password to attend. Password is 9UVUmp

**GROW WITH GOOGLE: USE GOOGLE TOOLS TO HELP YOU LAND YOUR NEXT JOB**

**Wednesday, July 22**
11:00 a.m.-2:00 p.m. | Webinar

This workshop will help viewers to discover new job opportunities using Google Search and will enable them to organize their job search experience using G Suite tools. We’ll also share strategies to enhance resumes, tips to help communicate effectively online, and best practices for virtual interviews.

**CLIMATE CHANGE, HEALTHCARE & YOU**

**Thursday, July 30**
7:00-8:30 p.m. | Program via Zoom

Gary Lebsam, a Climate Reality representative, will look at how the rapidly changing climate is affecting health and healthcare. Allergists are busier than ever, and asthma is affecting more people. Cases of COPD are on the rise. Deaths and cancer are prevalent in communities near coal-fired plants. And these are just air-quality issues. Water and land degradation issues are plentiful. Many cases of depression and PTSD are mental health effects of the climate crisis. This presentation encourages personal lifestyle changes that can lower your carbon footprint and provide knowledge to make important decisions for yourself and on behalf of future generations.

**Throw It in the Bin Day**

**Saturday, July 18**
11:00-12:30 p.m. | Library Park

The Library is offering a “Throw It in the Bin Day” event. Participants will be able to dispose of old electronics, batteries, and other materials.

**QIGONG MOVEMENT EXERCISES WITH MEDITATION**

**Saturday, July 18**
9:00-11:00 a.m. | Library Park

Qigong is a mind-body cultivation practice consisting of coordinated body-posture, movement, and meditation. The meditation component follows the earlier movement component. This form of Qigong is from the Falun Gong practice.

**LU-MRL Bookbox**

Check it Out! Get New Books on Loan from LIBBY with your library card.

**Fiction at Noon**

**Thursday, July 28**
12:00-1:00 p.m. | Mark Twain Room

Fiction at Noon is an adult book discussion group, where critically acclaimed works of fiction are chosen and discussed every other month. This month, we’ll discuss “The Lineage of the Crows” by Anna Saw. The book for this month is the work of a noted author and winner of the National Book Award.

**Check Out Our Cureside Pickup**

**WE OFFER CURBSIDE PICKUP**

**LYNDA.COM**

**AVAILABLE 24/7**

**FREE ONLINE TRAINING**

**If you have a library card, you have FREE access to lynda.com and lots of other great resources.**

**Kids programs:**

**KIDS programs:**

**https://www.mrl.org/kids-virtual-programs-archive**

**Adult programs:**

**https://www.mrl.org/virtual-programs_adults**