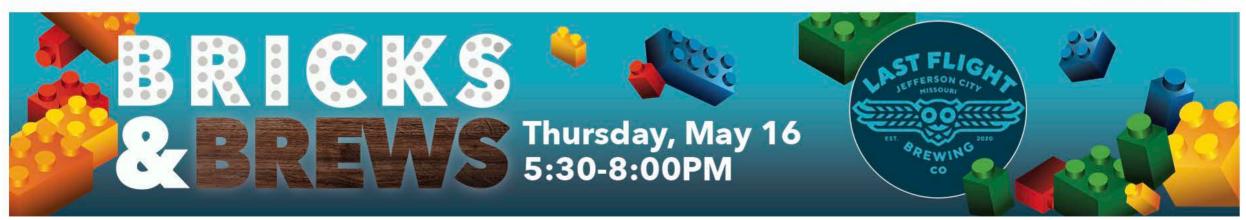
# 2024 ADULTS



It's the Law: What if You're Arrested? What Happens Next?

Tuesday, May 14 | 6:30-8:00<sup>PM</sup>





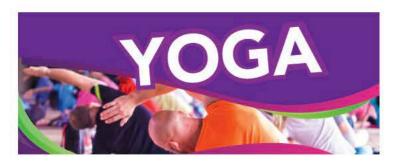
THE LIBRARY WILL BE CLOSED





**EXHIBIT FEATURING JCAC ON DISPLAY UNTIL JUNE 30** 

### Programs for adults at the Missouri River Regional Library



### YOGA

Wednesdays

5:15-6:15 p.m. | MRRL Art Gallery Thursdays

9:30-10:30 a.m. | MRRL Art Gallery

Rejuvenate your mind and body. All shapes, sizes, and abilities are welcome. Bring a mat (or towel) to class if you have one, but these are not required. Drop-ins welcome.



#### SHELF INDULGENCE

Wednesday, May 1

6:00-7:30 p.m. | Truman Room

Looking for avid readers and stimulating conversation? You've found us! A new book will be selected each month to discuss. Librarians at the Information Desk are available to help find a copy for each attendee! Indulge yourself and dig into some great literature with other book lovers. In May we are discussing *The Inheritance Games* by Jennifer Barnes and *Garden Spells* by Sarah Allen.



### **SOCIAL BRIDGE CLUB**

Thursday, May 2 1:00-3:30 p.m. | MRRL Art Gallery Thursday, May 16 1:00-3:30 p.m. | Truman Room

Join us for some fun and friendly Bridge gameplay. All skill levels and new players welcome.

### UKULELE JAM SESSION

#### **UKULELE JAM SESSION**

Thursday, May 2

1:15-2:45 p.m. | Truman Room

Thursday, May 16

6:15-7:45 p.m. | Truman Room

Spend some time having fun and making music. Regardless of your experience, bring a ukulele and join the group!



### FIRST FRIDAY FILM: THE WAY

Friday, May 3

7:00-9:00 p.m. | MRRL Art Gallery

Martin Sheen stars in this thoughtful film about a California doctor who travels to Spain to recover the body of his estranged son, who died while walking the thousand-year-old Camino de Santiago pilgrimage trail. He decides to walk the trail himself in an effort to deal with his own grief and to better understand his son. The film was directed by Sheen's son, Emilio Estevez.



### **KNITTING & CROCHETING**

Tuesday, April 7

6:00-7:45 p.m. | Truman Room

Come knit and crochet with us! Show off your work and pick up tips and tricks from your fellow crafters. Ages 12 & up.

## LU-MRRL LECTURE SERIES

### LU-MRRL LECTURE SERIES: WILL THE REAL PLANT-BASED MEAL PLAN PLEASE STAND UP?

Tuesday, May 7

6:30-8:00 p.m. | MRRL Art Gallery

Sarah Eber will define REAL plant-based eating and its implications for improving diabetes and heart disease. Samples and hands-on will be included with this presentation. Eber holds a master's degree in public health and is a registered and licensed dietician.



#### **COLOR AND CHAT**

Monday, May 9

1:30-3:00 p.m. | MRRL Art Gallery Meet new friends and engage in casual conversation while relaxing with a coloring page (or two)! Materials will be provided, but feel free to bring your own.



### **DUNGEONS AND DRAGONS**

Thursdays, May 9 & 23 Ages 12+

6:00-9:00 p.m. | MRRL Art Gallery & Truman Room

Are you an adventurer at heart? Play Dungeons & Dragons with us! The excitement is real and the escapades are never-ending! Whether you are a long-time adventurer or brand new to the game, you are welcome to join us.



### **ADULT BOOK BINGO**

Monday, May 13

6:00-7:30 p.m. | MRRL Art Gallery Join us for a riveting game of bingo, where we compete for books!! This event is for adults only.

## Summer Reading Program Celebration Featuring Ozum with Circus Kaput!

Saturday, May 31 | 3:00-6:00<sup>PM</sup> | MRRL Park

All ages. No reservations needed. Celebrate the library's summer reading programs in the library's park area (High Street side of the building)! Adventure Starts at Your Library with games, crafts, snacks, and a family Mayhem in Miniature show featuring Ozum from Circus Kaput St. Louis!

The performance will begin at 5:00 pm. in the Art Gallery.



### **JUNK JOURNALING**

Tuesday, May 14 6:00-7:30 p.m. | Mark Twain Room

Join us for our new Junk Journaling Group! Each month, Alexandria A., a local Junk Journaling Pro, will show us a new technique and then we'll get to incorporate it in our junk journaling time! The library will provide some materials, but you are welcome to bring your own!



### IT'S THE LAW: WHAT IF YOU'RE ARRESTED? WHAT HAPPENS NEXT?

Tuesday, May 14 6:30-8:00 p.m. | MRRL Art Gallery

Daniel Dodson, a well-known Jefferson City criminal defense lawyer, will address what happens when you're arrested and specifically your rights at that time. With more than 25 years of legal work, he has the experience of 250 trials for clients in state and federal courts throughout Missouri and in other states.



### JOB SEARCH THURSDAYS

Thursday, May 16

11:00 a.m.-2:00 p.m. | MRRL Art Gallery

The Capital City Job Center in Jefferson City, in partnership with the Missouri River Regional Library, hosts Job Search Thursdays. It is a a monthly hiring event offering both employers and job seekers the opportunity to connect and do on-the-spot interviews.

Employers can register today at (573) 526-8115 or learn more at cwdregion.com/jst.



### BRICKS AND BREWS AT LAST FLIGHT BREWING CO.

Thursday, May 16

5:30-8:00 p.m. | Last Flight Brewing Co.

Join us out at Last Flight Brewing Company for a LEGO building competition! Compete in teams of up to 4 people to complete the building challenge.

Don't want to build? Come watch the builders create their masterpieces while enjoying some delicious brews and vote for your favorite one!!



### PUZZLE AND BOARD GAME SWAP Thursday, May 18

11:00 a.m.-1:00 p.m. | Mark Twain Room

Same old puzzles and games got you down? Ready for a new one? If so, clean off that puzzle and game shelf and exchange them to keep your collection fresh! We will have tables set up for puzzles of all difficulties (kids to 1000+ pieces) as well as a table for games for you to "shop" from.

Please make sure that puzzles and games have all the pieces before the event.



### LOOSELY BOUND BOOK CLUB

Monday, May 20

6:00-7:30 p.m. | Truman Room

Looking for your next great read? Instead of reading the same book each month, members read a book of their own choice related to the theme of the month. This month's theme is can you sense that? Feel free to interpret that however you like! We can't wait to hear what you read! Discussions and recommendations abound! Ages 18 and up.



Friday, May 24 10:00 a.m.-2:00 p.m. | MRRL Art Gallery

Make a blood donation appointment at the library and give to those in need.



### **FICTION @ NOON**

Tuesday, May 28

12:00-1:00 p.m. | Truman Room

This month we are reading and discussing Hello Beautiful by Ann Napolitano Please join book group leaders, Claudia and Kathy, for a lively discussion.



### YARN WRAPPED FLOWER POT

Tuesday, May 28

1:00-2:30 p.m. | MRRL Art Gallery 6:00-7:30 p.m. | Truman Room

Give your indoor plants a touch of style with these yarn-wrapped flower pots, sure to match any festive occasion!



### TIK TOK MADE ME READ IT

Monday, May 30

6:00-7:30 p.m. | Mark Twain Room

Connect with fellow readers in this new book club focused on all the trending reads on TikTok. Each month, we will discuss a book made popular on #BookTok.

This months read will be *The Seven Year Slip* by Ashley Poston. If you need help finding a copy, you can ask the librarians at the information desk. However, a free copy will be given to the first 8 people.

### Want more information?

No worries, you can find all your favorites at www.mrrl.org/events



# MAY

# 2024



CLOSED
IN HONOR OF
MEMORIAL DAY

Helen Haynes
Presents
Musikgarten
10:30AM-12:00PM
Fiction @ Noon
12:00-1:00PM
Yarn Wrapped
Flower Pot
1:00-2:30PM &
6:00-7:30PM
Genealogy
5:45-7:45PM

Family Story Time 10:30-11:30AM Yoga 5:15-6:15PM

Yoga 9:30-10:30AM Job Skills with LinkedIn Learning 10:00-11:15AM TikTok Made Me Read It 6:00-7:30PM

30

Summer Reading Program Celebration 3:00-6:00PM

