

**MARCH
2024**

ADULTS

Used Book SALE

March 13-16 2024

\$5 ADMISSION
per person, including small children in arms and strollers

MARCH 13 WEDNESDAY
4:00-8:00PM

**STOCK REPLENISHED
BEFORE OPENING THURSDAY**

free
ADMISSION

MARCH 14 THURSDAY
9:00AM-8:00PM

MARCH 15 FRIDAY
9:00AM-8:00PM

MARCH 16 SATURDAY
9:00AM-1:00PM

**AT THE
ST. MARTINS
KNIGHTS OF
COLUMBUS HALL**



NATIONAL CRAFT MONTH CRAFTERNOON

EVERY WEDNESDAY IN MARCH
1:00-2:00PM | MRRL ART GALLERY

Beyond the Scale:

Comments on women's history, the weight loss industry, and changing body ideals

Thursday, March 21 | 6:30-8:00PM
in the Art Gallery



THE LIBRARY WILL BE
CLOSED FOR EASTER
SUNDAY, MARCH 31st

Programs for adults at the Missouri River Regional Library



FIRST FRIDAY FILM: QUEEN OF KATWE

Friday, March 1

7:00-9:00 p.m. | MRRL Art Gallery

Living in the slum of Katwe in Kampala, Uganda, is a constant struggle for 10-year-old Phiona and her family. Her world changes one day when she meets Robert Katende, a missionary who teaches children how to play chess. Phiona becomes fascinated with the game and soon becomes a top player under Katende's guidance. Her success in local competitions and tournaments opens the door to a bright future and a golden chance to escape from a life of poverty.



PAINT PARTY

Monday, March 4

5:30-7:30 p.m. | Mark Twain Room

Tuesday, March 5

1:00-3:00 p.m. | Mark Twain Room

Join us for a follow along style painting as we paint "Whimsical Clovers" by Traci Kiernan of stepbysteppeainting.net. All supplies will be provided. All skill levels welcome!



KNITTING & CROCHETING

Tuesday, March 5

6:00-7:45 p.m. | Truman Room

Come knit or crochet! We provide basic lessons and yarn, but you need to bring your own knitting needles or crochet hook. Ages: 16 and up (teens & adults).

Used Book SALE

It's the Missouri River Regional Library and ABLE's Used Book Sale at St. Martin's Knights of Columbus!

Sale begins Wednesday, March 13 at 4:00 p.m. with a preview event until 8:00 p.m. - admission is \$5 per person, including children. Or join us free of charge Thursday, March 14 and Friday, March 15 from 9:00 a.m. to 8:00 p.m. and Saturday, March 16 from 9:00 a.m. to 1:00 p.m.

It's one of the largest sales in the Midwest with prices from 50¢ to \$4! Friday all items are half-price and Saturday it's \$5.00 per box! We accept cash, checks, and credit cards.

LU-MRRL LECTURE SERIES

LU-MRRL LECTURE SERIES: THE IMPACT OF TAX TYPES ON PUBLIC OPINION TOWARD SOCIAL WELFARE PROGRAMS

Tuesday, March 5

6:30-8:00 p.m. | MRRL Art Gallery

Research shows that the general public has little knowledge regarding welfare programs. Taxes largely determine the size and structure of the welfare state.

Dr. Elizabeth Dorssom, assistant professor of political science at Lincoln University, and Hang Qi, political science Ph.D candidate at the University of Missouri-Columbia, will discuss their research on how providing information on federal and state taxes impacts public support for welfare programs.



NATIONAL CRAFT MONTH CRAFTERNOON

Wednesdays in March

1:00-2:00 p.m. | MRRL Art Gallery

Celebrate National Craft Month with MRRL! Every Wednesday in March, we will feature a different craft. Registration required.

March 6: Kusudama origami flower bouquet!

March 13: Suncatchers!

March 20: Magnets and a decorative tray!

March 27: Custom earrings!



YOGA

Wednesdays

5:15-6:15 p.m. | MRRL Art Gallery

Thursdays

9:30-10:30 a.m. | MRRL Art Gallery

Rejuvenate your mind and body. All shapes, sizes, and abilities are welcome. Bring a mat (or towel) to class if you have one, but these are not required. Drop-ins welcome.

Shelf Indulgence Book Club



SHELF INDULGENCE

Wednesday, March 6

6:00-7:30 p.m. | Truman Room

Looking for avid readers and stimulating conversation? You've found us! A new book will be selected each month to discuss. Librarians at the Information Desk are available to help find a copy for each attendee! Indulge yourself and dig into some great literature with other book lovers. In March we are discussing *Unbroken* by Laura Hillenbrand and *The Girl on the Train* by Paula Hawkins.



SOCIAL BRIDGE CLUB

Thursday, March 7

1:00-3:30 p.m. | MRRL Art Gallery

Thursday, March 21

1:00-3:30 p.m. | Truman Room

Join us for some fun and friendly Bridge gameplay. All skill levels and new players welcome.



UKULELE JAM SESSION

UKULELE JAM SESSION

Thursday, March 7

1:15-2:45 p.m. | Truman Room

Thursday, March 21

6:15-7:45 p.m. | Truman Room

Spend some time having fun and making music. Regardless of your experience, bring a ukulele and join the group!



ADULT ART CLUB

ADULT ART CLUB

Monday, March 11

7:00-9:00 p.m. | MRRL Art Gallery

Our Adult Art Club is for anyone who just wants to enjoy some art projects with others. The library will provide some assorted supplies that everyone is welcome to use. The opportunities are endless in this club created to celebrate everyone's need to escape into pure enjoyment sometimes! No need to do anything to prepare!



JUNK JOURNALING

Tuesday, March 12

6:00-7:30 p.m. | Mark Twain Room

Join us for our new Junk Journaling Group! Each month, Alexandria A., a local Junk Journaling Pro, will show us a new technique and then we'll get to incorporate it in our junk journaling time! The library will provide some materials, but you are welcome to bring your own!



AUTHOR TALK: WALTER A. SCHROEDER

Tuesday, March 12

6:45-8:00 p.m. | MRRL Art Gallery

Dr. Walter A. Schroeder, retired professor and former chair of the geography department at the University of Missouri-Columbia, will discuss his new book *Zombies Invade the Southside! and Other Boyhood Recollections about Growing up in Jefferson City*. The author of three other books about Jefferson City history, Schroeder is a retired professor of history at the University of Missouri-Columbia.



AFTERNOON CREATIVE CLUB

Thursday, March 14

1:30-4:00 p.m. | MRRL Art Gallery

Every now and then an afternoon needs to be dedicated to creative, relaxing endeavors. Enjoy collaborating on jigsaw puzzles, playing Scrabble, or learning a new crafting hobby. The library will provide games and art material, you bring the fun and willingness to try something new!



LOOSELY BOUND BOOK CLUB

Monday, March 18

1:30-4:00 p.m. | MRRL Art Gallery

Looking for your next great read? Instead of reading the same book each month, members read a book of their own choice related to the theme of the month. This month's theme is the last place you looked (lost things). Feel free to interpret that however you like! We can't wait to hear what you read! Discussions and recommendations abound! Ages 18 and up.



BEYOND THE SCALE: COMMENTS ON WOMEN'S HISTORY, THE WEIGHT LOSS INDUSTRY, AND CHANGING BODY IDEALS

Thursday, March 21

6:30-8:00 p.m. | MRRL Art Gallery

Unrealistic body ideals and weight stigma affect all women in our culture, but this hasn't always been the case. How did we get here? What can we do about it? Dr. Nancy Ellis-Ordway, a licensed clinical social worker, will address topics including the origin of the Body Mass Index (BMI), how beauty ideals often intentionally disempower women, and how the quest for weight loss grew from a small, informal group pursuit to a multi-billion dollar annual industry. She will consider the myths about weight loss and health and suggest ways to re-evaluate our beliefs and behaviors.

Dr. Ellis-Ordway is the author of *Thrive at Any Weight: Eating to Nourish Body, Soul, and Self-Esteem* and co-editor of books on weight bias through the decades and in health education.

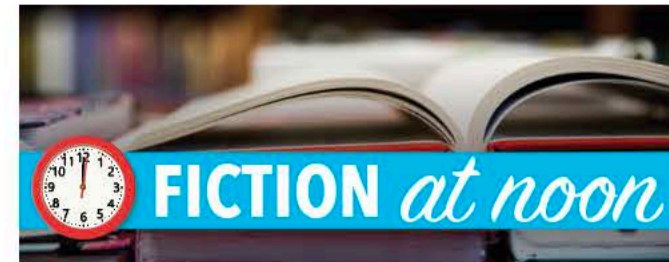


TIK TOK MADE ME READ IT

Monday, March 25

6:00-7:30 p.m. | Mark Twain Room

Connect with fellow readers in this book club focused on all the trending reads on TikTok. Each month, we will discuss a book made popular on #BookTok. This month's read will be *Such a Fun Age* by Kiley Reid. Ask the librarians at the Information Desk if you need help finding a copy, but a free copy will be given to the first 8 participants.



FICTION @ NOON BOOK DISCUSSION

Tuesday, March 26

12:00-1:00 p.m. | Truman Room

This month we are reading and discussing *Tom Lake* by Ann Patchett. Please join book group leaders, Claudia and Kathy, for a lively discussion.



WINE CORK JEWELRY ORGANIZE

Tuesday, March 26

1:00-2:30 p.m. | MRRL Art Gallery

Come join us as we create a wine cork jewelry organizer to hold all your bracelets, necklaces, and earrings.



CRAFTING WITH YOUR COMMUNITY: SPOTLIGHT ON KINZA K.

Tuesday, March 26

6:00-7:30 p.m. | MRRL Art Gallery

Community crafter, Kinza K. will be coming to the library to teach her special artistic skills! She will be showing us how to embroider with a custom made sampler that features 12 different stitches. All materials will be provided. Join us and learn a new art form from a member of your community!



DUNGEONS AND DRAGONS

Thursday, March 28

Ages 12+

6:00-9:00 p.m. | MRRL Art Gallery & Truman Room

Are you an adventurer at heart? Play Dungeons & Dragons with us! The excitement is real and the escapades are never-ending! Whether you are a long-time adventurer or brand new to the game, you are welcome to join us.

MARCH

2024

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 (573) 634-2464
 www.mrrl.org
 Follow the Missouri River Regional Library on Facebook and Instagram!


KEY

- Adults
- Computer
- Kids
- Teens
- Outreach

Sign up for weekly **UPDATES** at www.mrrl.org



1
Rhyme Time
 9:30-10:00AM,
 10:15-10:45AM, &
 11:00-11:30AM
First Friday Film
 7:00-9:00PM

2

3

4
Paint Party
 5:30-7:30PM
Lego Block Party
 6:00-7:00PM
Pizza & Pages
 6:45-7:45PM

Paint Party
 1:00-3:00PM

4

5
Troubleshooting Techniques
 10:00-11:15AM
Preschool Storytime
 10:30-11:00AM
Knitting & Crocheting @ MRRL
 6:00-7:45PM
LU-MRRL Lecture Series
 6:30-8:00PM

5

6
Family Story Time
 10:30-11:30AM
National Craft Month Crafternoon
 1:00-2:00PM
Yoga
 5:15-6:15PM
Evening Family Story Time
 6:00-6:30PM
Shelf Indulgence Book Club
 6:00-7:30PM

6

7
Yoga
 9:30-10:30AM
Social Bridge Club
 1:00-3:30PM
Ukulele Jam Session
 1:15-2:45PM
Make it @ MRRL: Soot Sprite Keychains
 6:00-7:00PM

7

8
Sensory Play Day
 10:15-11:00AM

8

How to Delete Yourself from the Internet
 6:00-7:30PM

9

10

11
Teen Art Club
 5:30-7:00PM
Adult Art Club
 7:00-9:00PM

11

12
Preschool Storytime
 10:30-11:00AM
Junk Journaling
 6:00-7:30PM
Author Talk: Walter A. Schroeder
 6:30-8:00PM
Novel Ideas
 6:45-7:45PM

12

13
used BOOK SALE!
 4:00-8:00PM

13

14
used BOOK SALE!
 9:00AM-8:00PM

14

15
used BOOK SALE!
 9:00AM-8:00PM

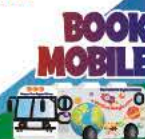
15

16
used BOOK SALE!
 9:00AM-1:00PM

16

13
Family Story Time
 10:30-11:30AM
Tail Waggin' Tutors
 11:00AM-12:00PM
National Craft Month Crafternoon
 1:00-2:00PM
Yoga
 5:15-6:15PM

14
Yoga
 9:30-10:30AM
Afternoon Creative Club
 1:30-4:00PM



15
Rhyme Time
 9:30-10:00AM,
 10:15-10:45AM, &
 11:00-11:30AM

16
Teen After Hours
 6:00-8:30PM

17



18
Kids After-School: Paper Circuits
 4:00-5:00PM
Loosely Bound Book Club
 6:00-7:30PM

18

19
Preschool Storytime
 10:30-11:00AM
Make it @ MRRL: Pressed Flower Suncatchers & Bookmarks
 6:00-7:00PM

19

20
Kidsight Vision Screening for Kids
 10:00-11:00AM
Family Story Time
 10:30-11:30AM
National Craft Month Crafternoon
 1:00-2:00PM
Yoga
 5:15-6:15PM
Kids STEAM Night
 6:00-7:00PM

20

21
Yoga
 9:30-10:30AM
Social Bridge Club
 1:00-3:30PM
Teen Anime Club
 4:30-6:00PM
Bookworms
 5:30-6:00PM
Google Drive
 6:00-7:15PM

21

22
Family Movie Night
 6:00-8:00PM

22

23
Pokemon Card Playing Day
 11:00AM-12:30PM

23

Ukulele Jam Session
 6:15-7:45PM
Beyond the Scale
 6:30-8:00PM

24

25
Chess Club
 6:00-7:30PM
Tik Tok Made Me Read It
 6:00-7:30PM

25

26
Preschool Storytime
 10:30-11:00AM
Fiction @ Noon
 12:00-1:00PM
Adult Craft
 1:00-2:30PM
Genealogy
 5:45-7:45PM
Crafting with your Community
 6:00-7:30PM

26

27
Family Story Time
 10:30-11:30AM
National Craft Month Crafternoon
 1:00-2:00PM
Tail Waggin' Tutors
 3:30-4:30PM
Yoga
 5:15-6:15PM

27

28
Yoga
 9:30-10:30AM
Dungeons & Dragons
 6:00-9:00PM

28

29

30

31

CLOSED
 Easter

Wine Cork Jewelry Organizer
 1:00-2:30PM