MARCH 2024

ADULTS

used Book SALE
March 13-16 2024

$5 ADMISSION per person, including small children in arms and strollers
MARCH 13 WEDNESDAY 4:00-8:00PM

free ADMISSION
THURSDAY 9:00AM-8:00PM
MARCH 14

AT THE
ST. MARTINS KNIGHTS OF COLUMBUS HALL

FRIDAY 9:00AM-8:00PM
MARCH 15

SATURDAY 9:00AM-1:00PM
MARCH 16

STOCK REPLENISHED BEFORE OPENING THURSDAY

NATIONAL CRAFT MONTH
CRAFTERNOON
EVERY WEDNESDAY IN MARCH
1:00-2:00PM | MRRL ART GALLERY

Beyond the Scale:
Comments on women’s history, the weight loss industry, and changing body ideals
Thursday, March 21 | 6:30-8:00PM
in the Art Gallery

THE LIBRARY WILL BE CLOSED FOR EASTER
SUNDAY, MARCH 31st
First Friday Film: Queen of Katwe
Friday, March 1
7:00-9:00 p.m. | MRRL Art Gallery
Living in the slum of Katwe in Kampala, Uganda, is a constant struggle for 10-year-old Phiona and her family. Her world changes one day when she meets Robert Katende, a missionary who teaches children how to play chess. Phiona becomes fascinated with the game and soon becomes a top player under Katende's guidance. Her success in local competitions and tournaments opens the door to a bright future and a golden chance to escape from a life of poverty.

Lu-MrRl Lecture Series
Lu-MrRl Lecture Series: The Impact of Tax Types on Public Opinion Toward Social Welfare Programs
Tuesday, March 5
6:30-8:00 p.m. | MRRL Art Gallery
Research shows that the general public has little knowledge regarding welfare programs. Taxes largely determine the size and structure of the welfare state.

Dr. Elizabeth Dorssom, assistant professor of political science at Lincoln University, and Hang Qi, political science Ph.D candidate at the University of Missouri-Columbia, will discuss their research on how providing information on federal and state taxes impacts public support for welfare programs.

Paint Party
Monday, March 4
5:30-7:30 p.m. | Mark Twain Room
Tuesday, March 5
1:00-3:00 p.m. | Mark Twain Room
Join us for a follow along style painting as we paint “Whimsical Clovers” by Traci Kiernan of stepbysteppainting.net. All supplies will be provided. All skill levels welcome!

Knitting & Crocheting
Tuesday, March 5
6:00-7:45 p.m. | Truman Room
Come knit or crochet! We provide basic lessons and yarn, but you need to bring your own knitting needles or crochet hook. Ages: 16 and up (teens & adults).

National Craft Month Crafternoon
Wednesdays in March
1:00-2:00 p.m. | MRRL Art Gallery
Celebrate National Craft Month with MRRL! Every Wednesday in March, we will feature a different craft. Registration required.

March 6: Kusudama origami flower bouquet!
March 13: Suncatchers!
March 20: Magnets and a decorative tray!
March 27: Custom earrings!

Yoga
Wednesdays
5:15-6:15 p.m. | MRRL Art Gallery
Thursdays
9:30-10:30 a.m. | MRRL Art Gallery
Rejuvenate your mind and body. All shapes, sizes, and abilities are welcome. Bring a mat (or towel) to class if you have one, but these are not required. Drop-ins welcome.

Shelf Indulgence Book Club
Shelf Indulgence
Wednesday, March 6
6:00-7:30 p.m. | Truman Room
Looking for avid readers and stimulating conversation? You’ve found us! A new book will be selected each month to discuss. Librarians at the Information Desk are available to help find a copy for each attendee indulge yourself and dig into some great literature with other book lovers. In March we are discussing Unbroken by Laura Hillenbrand and The Girl on the Train by Paula Hawkins.

Social Bridge Club
Social Bridge Club
Thursday, March 7
1:00-3:30 p.m. | MRRL Art Gallery
Join us for some fun and friendly Bridge gameplay. All skill levels and new players welcome.

Ukulele Jam Session
Ukulele Jam Session
Thursday, March 7
1:15-2:45 p.m. | Truman Room
Thursday, March 21
6:15-7:45 p.m. | Truman Room
Spend some time having fun and making music. Regardless of your experience, bring a ukulele and join the group.

Adult Art Club
Adult Art Club
Monday, March 11
7:00-9:00 p.m. | MRRL Art Gallery
Our Adult Art Club is for anyone who just wants to enjoy some art projects with others. The library will provide some assorted supplies that everyone is welcome to use. The opportunities are endless in this club created to celebrate everyone's need to escape into pure enjoyment sometimes! No need to do anything to prepare!
JUNK JOURNALING
Tuesday, March 12
6:00-7:30 p.m. | Mark Twain Room
Join us for our new Junk Journaling Group! Each month, Alexandria A., a local Junk Journaling Pro, will show us a new technique and then we'll get to incorporate it in our junk journaling time! The library will provide some materials, but you are welcome to bring your own!

AUTHOR TALK: WALTER A. SCHROEDER
Tuesday, March 12
6:45-8:00 p.m. | MRRL Art Gallery
Dr. Walter A. Schroeder, retired professor and former chair of the geography department at the University of Missouri-Columbia, will discuss his new book *Zombies, Invade the Southside! And Other Boyhood Recollections about Growing up in Jefferson City*. The author of three other books about Jefferson City history, Schroeder is a retired professor of history at the University of Missouri-Columbia.

BEYOND THE SCALE: COMMENTS ON WOMEN'S HISTORY, THE WEIGHT LOSS INDUSTRY, AND CHANGING BODY IDEALS
Thursday, March 21
6:30-8:00 p.m. | MRRL Art Gallery
Unrealistic body ideals and weight stigma affect all women in our culture, but this hasn't always been the case. How did we get here? What can we do about it? Dr. Nancy Ellis-Ornday, a licensed clinical social worker, will address topics including the origin of the Body Mass Index (BMI), how beauty ideals often intentionally disempower women, and how the quest for weight loss grew from a small, informal group pursuit to a multi-billion dollar annual industry. She will consider the myths about weight loss and health and suggest ways to re-evaluate our beliefs and behaviors.

Dr. Ellis-Ornday is the author of *Thrive at Any Weight: Eating to Nourish Body, Soul, and Self-Esteem* and co-editor of books on weight bias throughout the decades and in health education.

TikTok Made Me Read It
Monday, March 25
6:00-7:30 p.m. | Mark Twain Room
Connect with fellow readers in this book club focused on all the trending reads on TikTok. Each month, we will discuss a book made popular on #BookTok. This month's read will be *Such a Fun Age* by Kiley Reid. Ask the librarians at the Information Desk if you need help finding a copy, but a free copy will be given to the first 8 participants.

WINE CORK JEWELRY ORGANIZE
Tuesday, March 26
1:00-2:30 p.m. | MRRL Art Gallery
Come join us as we create a wine cork jewelry organizer to hold all your bracelets, necklaces, and earrings.

DUNGEONS AND DRAGONS
Thursday, March 28
Ages 12+
6:00-9:00 p.m. | MRRL Art Gallery & Truman Room
Are you an adventurer at heart? Play *Dungeons & Dragons* with us! The excitement is real and the escapades are never-ending! Whether you are a long-time adventurer or brand new to the game, you are welcome to join us.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event/Activity</th>
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<tbody>
<tr>
<td>3</td>
<td>Paint Party 5:30-7:30PM  Lego Block Party 6:00-7:00PM  Pizza &amp; Pages 6:45-7:45PM</td>
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<td>4</td>
<td>Troubleshooting Techniques 10:00-11:15AM  Preschool Storytime 10:30-11:00AM  Knitting &amp; Crocheting @ MRLR 6:00-7:45PM  LU-MRLR Lecture Series 6:30-8:00PM</td>
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<td>5</td>
<td>Family Story Time 10:30-11:30AM  National Craft Month Crafternoon 1:00-2:00PM  Yoga 5:15-6:15PM  Evening Family Story Time 6:00-6:30PM  Shelf Indulgence Book Club 6:00-7:30PM</td>
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<td>6</td>
<td>Yoga 9:30-10:30AM  Social Bridge Club 1:00-3:00PM  Ukulele Jam Session 1:15-2:45PM  Make it @ MRLR: Soot Sprite Keychains 6:00-7:00PM</td>
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<td>7</td>
<td>Sensory Play Day 10:15-11:00AM  How to Delete Yourself from the Internet 6:00-7:30PM</td>
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<td>8</td>
<td>Yoga 9:30-10:30AM  Tail Waggin' Tutors 11:00AM-12:00PM  National Craft Month Crafternoon 1:00-2:00PM  Yoga 5:15-6:15PM</td>
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<td>9</td>
<td>Yoga 9:30-10:30AM  Afternoon Creative Club 1:30-4:00PM  Rhyme Time 9:30-10:00AM, 10:15-10:45AM, &amp; 11:00-11:30AM</td>
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<td>10</td>
<td>Teen Art Club 5:30-7:00PM  Adult Art Club 7:00-9:00PM</td>
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<td>11</td>
<td>Preschool Storytime 10:30-11:00AM  Junk Journaling 6:00-7:30PM  Author Talk: Walter A. Schroeder 6:30-8:00PM  Novel Ideas 6:45-7:45PM</td>
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<td>12</td>
<td>Family Story Time 10:30-11:30AM  Tail Waggin' Tutors 11:00AM-12:00PM  National Craft Month Crafternoon 1:00-2:00PM  Yoga 5:15-6:15PM</td>
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<td>16</td>
<td>Yoga 9:30-10:30AM  Social Bridge Club 1:00-3:00PM  Teen Anime Club 4:30-6:00PM  Bookworms 5:30-6:00PM  Google Drive 6:00-7:15PM</td>
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<td>17</td>
<td>Happy St. Patrick's Day!</td>
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<td>18</td>
<td>Preschool Storytime 10:30-11:00AM  Make it @ MRLR: Pressed Flower Suncatchers &amp; Bookmarks 6:00-7:00PM</td>
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<td>19</td>
<td>Kidsight Vision Screening for Kids 10:00-11:00AM  Family Story Time 10:30-11:30AM  National Craft Month Crafternoon 1:00-2:00PM  Yoga 5:15-6:15PM  Kids STEAM Night 6:00-7:00PM</td>
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<td>20</td>
<td>Yoga 9:30-10:30AM  Social Bridge Club 1:00-3:00PM  Teen Anime Club 4:30-6:00PM  Bookworms 5:30-6:00PM  Google Drive 6:00-7:15PM</td>
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<td>21</td>
<td>Yoga 9:30-10:30AM  Social Bridge Club 1:00-3:00PM  Pokemon Card Playing Day 11:00AM-12:30PM</td>
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<td>22</td>
<td>Yoga 9:30-10:30AM  Dungeons &amp; Dragons 6:00-9:00PM</td>
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<td>24</td>
<td>Chess Club 6:00-7:30PM  Tik Tok Made Me Read It 6:00-7:30PM</td>
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<td>25</td>
<td>Preschool Storytime 10:30-11:00AM  Fiction @ Noon 12:00-1:00PM  Adult Craft 1:00-2:30PM  Genealogy 5:45-7:45PM  Crafting with your Community 6:00-7:30PM</td>
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<td>Family Story Time 10:30-11:30AM  National Craft Month Crafternoon 1:00-2:00PM  Tail Waggin' Tutors 3:30-4:30PM</td>
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<td>Yoga 9:30-10:30AM  Dungeons &amp; Dragons 6:00-9:00PM</td>
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<tr>
<td>31</td>
<td>CLOSED Easter</td>
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