

**JANUARY  
2024**

# ADULTS

winter  
**WORDS**  
ADULT READING CLUB

DECEMBER 15, 2023 - FEBRUARY 29, 2024

Happy New Year! **2024** **JAN 01** **CLOSED**

Adult **SOCIAL BRIDGE CLUB**

THURSDAYS, JANUARY 4 & 18 | 1:00-3:30PM  
MRRL ART GALLERY



★★★★ I HAVE A **DREAM** ★★★★★ MARTIN LUTHER KING, JR. DAY


THE LIBRARY WILL BE **CLOSED** ON MONDAY, JANUARY 15<sup>th</sup>

used **POP-UP BOOK SALE**

JANUARY			
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
FRIDAY	SATURDAY	SUNDAY	MONDAY
🕒 9AM-6PM	🕒 9AM-5PM	🕒 1PM-5PM	🕒 9AM-5PM




**NEW BOOK CLUB**

 **TikTok MADE ME READ IT**

Monday, January 22 | 6:00-7:30<sup>PM</sup>  
Mark Twain Room

# Programs for adults at the Missouri River Regional Library

## HALLMARK-INSPIRED MOVIE MARATHON

### HALLMARK-INSPIRED MOVIE MARATHON

Tuesday, January 2

10:00 a.m.-4:15 p.m. | MRRL Art Gallery

Still trying to hold onto the Christmas spirit? Then, bundle up in your coziest outfit, bring your comfiest blanket and join us for a post holiday Hallmark-inspired Christmas movie marathon! A hot chocolate bar and popcorn will also be available.

We will be showing four movies:

*The Snowball Effect* at 10:00 a.m.

*The Christmas Dance* at 11:30 a.m.

*Sappy Holiday* at 1:05 p.m.

*Christmas in the Rockies* at 2:35 p.m.

Come to one, or stay for all four!



### KNITTING & CROCHETING

Tuesday, January 2

6:00-7:45 p.m. | Truman Room

Come knit or crochet! We provide basic lessons and yarn, but you need to bring your own knitting needles or crochet hook. Ages: 16 and up (teens & adults).



### YOGA

Wednesdays

5:30-6:30 p.m. | MRRL Art Gallery

Thursdays

9:30-10:30 a.m. | MRRL Art Gallery

Rejuvenate your mind and body. All shapes, sizes, and abilities are welcome. Bring a mat (or towel) to class if you have one, but these are not required. Drop-ins welcome.

## Shelf Indulgence Book Club

### SHELF INDULGENCE

Wednesday, January 3

6:00-7:30 p.m. | Truman Room

Looking for avid readers and stimulating conversation? You've found us! A new book will be selected each month to discuss. Librarians at the Information Desk are available to help find a copy for each attendee! Indulge yourself and dig into some great literature with other book lovers. In January we are reading *The 7 1/2 Deaths of Evelyn Hardcastle* by Stuart Turton and *The Chaperone* by Laura Moriarty.



### SOCIAL BRIDGE CLUB

Thursdays, January 4 & 18

1:00-3:30 p.m. | MRRL Art Gallery

Join us for some fun and friendly Bridge gameplay. All skill levels and new players welcome.



### UKULELE JAM SESSION

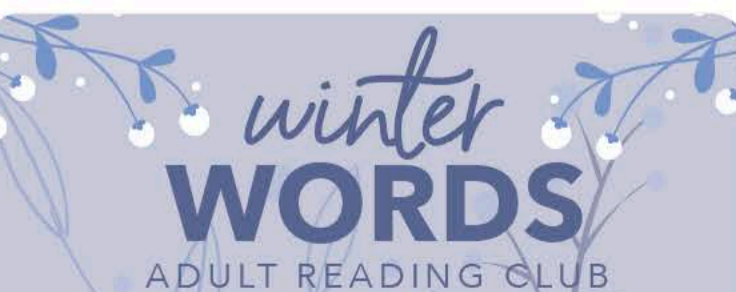
Thursday, January 4

1:15-2:45 p.m. | Truman Room

Thursday, January 18

6:15-7:45 p.m. | Truman Room

Spend some time having fun and making music. Regardless of your experience, bring a ukulele and join the group!



Join MRRL's winter reading program. It's easy.

Starting December 15 until February 29, read five books in any format (print, audio, electronic) and enter your titles on Readsquared or list them on a form available at the Reference Desk. You'll be eligible for special prizes at the program's end. All participants in the program will receive a free book.

The deadline for submissions is **February 29, 2024.**



### FIRST FRIDAY FILM: PAST LIVES

Friday, January 5

7:00-9:00 p.m. | MRRL Art Gallery

Nora and Hae Sung are close childhood friends whose lives are upended when Nora's family emigrates from South Korea to Toronto. Two decades later, they reunite in New York City for one fateful week as they contemplate the changes in their lives and the nature of their relationships. Inspired by events in debut director Celine Song's life, the film was named one of the top 10 films of 2023 by the American Film Institute and the National Board of Review. It's a heartrending story of choices that make a life.



### ADULT ART CLUB

Monday, January 8

7:00-9:00 p.m. | MRRL Art Gallery

Everyone needs some time that is just for them. The new Adult Art Club is for anyone who just wants to enjoy some art projects with others. The library will provide some assorted supplies that everyone is welcome to use. You can also bring your own art project: something new, something relaxing, something to show off, or something that you could use some advice on. The opportunities are endless in this new club created to celebrate everyone's need to escape into pure enjoyment sometimes! No need to do anything to prepare!



### JUNK JOURNALING

Tuesday, January 9

6:00-7:30 p.m. | Mark Twain Room

Join us for our new Junk Journaling Group! Each month, Alexandria A., a local Junk Journaling Pro, will show us a new technique and then we'll get to incorporate it in our junk journaling time! The library will provide some materials, but you are welcome to bring your own!

## Afternoon Creative Club

**AFTERNOON CREATIVE CLUB**  
**Thursday, January 11**  
 1:30-4:00 p.m. | MRRL Art Gallery

Every now and then an afternoon needs to be dedicated to creative, relaxing endeavors. Join us at the library's new Afternoon Creative Club where you can meet other gamers and crafters. Enjoy collaborating on jigsaw puzzles, playing Scrabble, or learning a new crafting hobby. The library will provide games and art material, you bring the fun and willingness to try something new!



**DUNGEONS AND DRAGONS**  
**Thursdays, January 11 & 25**  
**Ages 12+**  
 6:00-9:00 p.m. | MRRL Art Gallery & Truman Room

Are you an adventurer at heart? Play Dungeons & Dragons with us! The excitement is real and the escapades are never-ending! You might stomp your way through an army of orcs, or go on a noble quest to rescue a whole town. You decide!

Whether you are a long-time adventurer or brand new to the game, you are welcome to join us.



**LOOSELY BOUND BOOK CLUB**  
**Monday, January 15**  
**Ages 18+**  
 6:00-7:30 p.m. | Truman Room

Looking for your next great read? Instead of reading the same book each month, members read a book of their own choice related to the theme of the month. This month's theme is travel adventures. Feel free to interpret that however you like! We can't wait to hear what you read! Discussions and recommendations abound! Ages 18 and up.

The library will be closed for Martin Luther King Day and the group will be meeting off site at Arris' Pizza, 117 W High Street.

## Back-to-Back Droughts and Floods

**WHAT'S CAUSING BACK-TO-BACK DROUGHTS AND FLOODS?**  
**Tuesday, January 16**  
 6:30-8:00 p.m. | MRRL Art Gallery

Dr. Zack Leasor is the new Missouri State Climatologist, and he will be discussing the extreme weather conditions we are seeing and what we might expect in the future. He holds an undergraduate degree in meteorology from Western Kentucky University, and graduate degrees from Ohio State University, where he was a postdoctoral researcher, funded by the National Science Foundation. He also developed and taught a new course on drought as a climate hazard. This program is co-sponsored with Citizens Climate Action.

## LU-MRRL LECTURE SERIES

**LU-MRRL LECTURE SERIES: DEALING WITH INTRUSIVE THOUGHTS**  
**Thursday, January 18**  
 6:30-8:00 p.m. | MRRL Art Gallery

Have you been struggling with intrusive thoughts seemingly coming out of nowhere? They can range from disturbing images to irrational ideas, leaving you searching for hidden meanings, questioning the root cause, and impacting your mental well-being.

Approximately 90 percent of individuals experience unwanted thoughts regularly, but it is the content of these thoughts that is often unsettling. Intrusive thoughts often stem from your subconscious mind communicating, similar to dreams. Acceptance and effective coping strategies are essential to confronting intrusive thoughts. Dr. Charles Hinton, lecturer in psychology, will discuss how to manage the psychological strain intrusive thoughts can cause. They don't have to go away. However, they should not be in control.



## POP UP BOOK SALE

**POP UP USED BOOK SALE**  
**January 19-22 All Day!**  
 MRRL Art Gallery

Join us for a pop up book sale at the Library. Hardbacks \$2 and paperbacks \$1. Monday is box sale day! Everything in a box is \$5!



**TIK TOK MADE ME READ IT**  
**Monday, January 22**  
 6:00-7:30 p.m. | Mark Twain Room

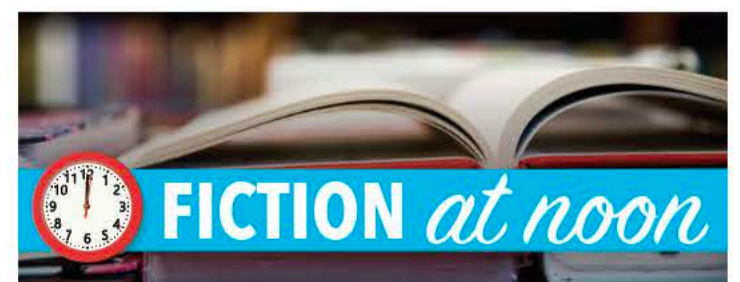
Connect with fellow readers in this new book club focused on all the trending reads on TikTok. Each month, we will discuss a book made popular on #BookTok.

This month's read is *Book Lovers* by Emily Henry. Ask the librarians at the Information Desk if you need help finding a copy, but a free copy will be given to the first 8 participants.



**YARN HEART GARLAND**  
**Tuesday, January 23**  
 1:00-2:30 p.m. & 6:00-7:30 p.m.  
 MRRL Art Gallery

Come make your own DIY yarn heart garland. Just in time for your Valentine's Day decorating!! Registration is required.



**FICTION @ NOON**  
**Tuesday, January 30**  
 12:00-1:00 p.m. | Truman Room

This month we are reading and discussing *Setting Free the Kites* by Columbia, Missouri native Alex George. Please join book group leaders, Claudia and Kathy, for a lively discussion.

# JANUARY

# 2024

**SUN MON TUE WED THU FRI SAT**

**KEY**

- Adults
- Computer
- Kids
- Teens
- Outreach

1	2	3	4	5	6
<b>CLOSED</b> New Year's	<b>Hallmark Inspired Movie Marathon</b> 10:00AM-4:15PM <b>Preschool Storytime</b> 10:30-11:00AM <b>Knitting &amp; Crocheting at MRRL</b> 6:00-7:45PM	<b>Family Story Time</b> 10:30-11:30AM <b>Tail Waggin' Tutors</b> 11:00AM-12:00PM <b>Yoga</b> 5:30-6:30PM <b>Shelf Indulgence</b> 6:00-7:30PM	<b>Yoga</b> 9:30-10:30AM <b>Social Bridge Club</b> 1:00-3:30PM <b>Ukulele Jam Session</b> 1:15-2:45PM <b>Teen Forensics 101: Pickle Autopsy</b> 6:00-7:00PM	<b>Rhyme Time</b> 9:30-10:00AM, 10:15-10:45AM, & 11:00-11:30AM <b>First Friday Film</b> 7:00-9:00PM	
7	8	9	10	11	12
<b>Facebook for Beginners</b> 10:00-11:15AM <b>Teen Art Club</b> 5:30-6:30PM <b>Lego Block Party</b> 6:00-7:00PM <b>Pizza &amp; Pages</b> 6:45-7:45PM <b>Adult Art Club</b> 7:00-9:00PM	<b>Preschool Storytime</b> 10:30-11:00AM <b>Junk Journaling</b> 6:00-7:30PM <b>Novel Ideas</b> 6:45-7:45PM	<b>Family Story Time</b> 10:30-11:30AM <b>Yoga</b> 5:30-6:30PM <b>Evening Family Story Time</b> 6:00-6:30PM	<b>Yoga</b> 9:30-10:30AM <b>Afternoon Creative Club</b> 1:30-4:00PM <b>Dungeons &amp; Dragons</b> 6:00-9:00PM	<b>Sensory Play Day</b> 10:15-11:00AM	<b>Teen After Hours</b> 6:00-8:30PM
14	15	16	17	18	19
<b>Loosely Bound Book Club</b> 6:00-7:30PM	<b>CLOSED</b> Martin Luther King Jr. Day	<b>Preschool Storytime</b> 10:30-11:00AM <b>Make It @ MRRL: DIY Dragon Eyes</b> 6:00-7:30PM <b>PC Gaming: Getting Started</b> 6:00-7:30PM	<b>Family Story Time</b> 10:30-11:30AM <b>Tail Waggin' Tutors</b> 3:30-4:30PM <b>Yoga</b> 5:30-6:30PM <b>Kids STEAM Night</b> 6:00-7:00PM	<b>Yoga</b> 9:30-10:30AM <b>Social Bridge Club</b> 1:00-3:30PM <b>Teen Anime Club</b> 4:30-6:00PM <b>Bookworms</b> 5:30-6:00PM <b>Understanding OneDrive</b> 6:00-7:30PM	<b>POP-UP BOOK SALE!</b> 9:00AM-6:00PM
21	22	23	24	25	26
<b>POP-UP BOOK SALE!</b> 1:00PM-5:00PM	<b>POP-UP BOOK SALE!</b> 9:00AM-5:00PM	<b>Preschool Storytime</b> 10:30-11:00AM <b>Yarn Heart Garland</b> 1:00-2:30PM <b>Genealogy</b> 5:45-7:45PM <b>Yarn Heart Garland</b> 6:00-7:30PM	<b>Kidsight Free Vision Screening</b> 10:00-11:00AM <b>Family Story Time</b> 10:30-11:30AM <b>Yoga</b> 5:30-6:30PM	<b>Yoga</b> 9:30-10:30AM <b>Dungeons &amp; Dragons</b> 6:00-9:00PM	<b>Rhyme Time</b> 9:30-10:00AM, 10:15-10:45AM, & 11:00-11:30AM <b>Ukulele Jam Session</b> 6:15-7:45PM <b>LU-MRRL Lecture Series</b> 6:30-8:00PM
28	29	30	31		
		<b>Helen Haynes Presents Musikgarten</b> 10:30AM-12:00PM <b>Fiction @ Noon</b> 6:00-7:30PM	<b>Family Story Time</b> 10:30-11:30AM <b>Yoga</b> 5:30-6:30PM		

**Winter Reading!**  
Kids/Teens: 12/15-1/19  
Adults: 12/15-2/29

Using Canva for Graphic Design  
6:00-7:30PM



(573) 634-2464

www.mrrl.org

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