

MAY
2023

ADULTS



CARING CONNECTIONS

EVERY 3RD MONDAY | FIRST FLOOR- 12:00-2:00PM

Music at the Library:

KEEP IT OLD-TIME

MAY 21 | 2:00pm



JUNK
JOURNALS



Creative
Concepts

TUESDAYS, MAY 9-30
FOUR PARTS
COME TO ONE OR ALL!



Summer Reading is Here!
May 19-August 4

All Together Now



Enjoy Great Reads and Earn Prize Rewards!

Register and track your reading starting May 19th at mrrlreadsquared.com

**CLOSED SUNDAY, MAY 28
& MONDAY, MAY 29
IN HONOR OF MEMORIAL DAY**



Programs for adults at the Missouri River Regional Library



KNITTING & CROCHETING

Tuesday, May 2

6:00-7:45 p.m. | Truman Room

Come knit or crochet! We provide basic lessons and yarn, but you need to bring your own knitting needles or crochet hook. Ages: 16 and up (teens & adults).



YOGA

Wednesdays

5:30-6:30 p.m. | MRRL Art Gallery

Thursdays

9:30-10:30 a.m. | MRRL Art Gallery

Rejuvenate your mind and body. All shapes, sizes, and abilities are welcome. Bring a mat (or towel) to class if you have one, but these are not required. Drop-ins welcome.



SHELF INDULGENCE

Wednesday, May 3

6:00-7:30 p.m. | Truman Room

Looking for avid readers and stimulating conversation? You've found us! A new book will be selected each month to discuss. Librarians at the Information Desk are available to help find a copy for each attendee! Indulge yourself and dig into some great literature with other book lovers. In May, we will be discussing *Brain on Fire* by Susannah Cahalan and *The Very Secret Society of Irregular Witches* by Sangu Mandanna.



UKULELE JAM SESSION

Thursday, May 4

1:15-2:45 p.m. | Truman Room

Thursday, May 18

6:15-7:45 p.m. | Truman Room

Spend some time having fun and making music. Regardless of how much experience you have, bring a ukulele and join the group!



FIRST FRIDAY FILM: THE QUIET GIRL

Friday, May 5

7:00-9:00 p.m. | MRRL Art Gallery

This Irish film, set in 1981, is a coming-of-age drama about a nine-year-old girl from a dysfunctional family who goes to live with distant relatives for the summer. Living with a middle-aged farm couple, she discovers a new way of living and a loving home for the first time. The film was nominated for Best International Film at the recent Academy Awards. It is based on the novella *Foster* by the distinguished Irish author Claire Keegan.



ADULT ART CLUB

Monday, May 8

7:00-9:00 p.m. | MRRL Art Gallery

Everyone needs some time that is just for them. This art club is for anyone who wants to enjoy some art projects with others. The library will provide assorted supplies that everyone is welcome to use. You can also bring your own art project. Whether it be new, relaxing, or something that you could use some advice on. The opportunities are endless in this club created to celebrate everyone's need to escape! No need to do anything to prepare!



JUNK JOURNALS: CREATIVE CONCEPTS TOGETHER

Part I: Tuesday, May 9

6:00-8:00 p.m. | Mark Twain Room

Part II: Tuesday, May 16

6:00-8:00 p.m. | Mark Twain Room

Part III: Tuesday, May 23

6:00-8:00 p.m. | Truman Room

Part IV: Tuesday, May 30

6:00-8:00 p.m. | Mark Twain Room

Junk Journals are the art form that allows you to be completely yourself while making a memory that's beautiful, quirky, fantastic, elegant or all of these at once! It's impossible to go wrong making a junk journal to safekeep your thoughts, feelings and memorabilia. We will have some materials to share, but feel free to bring whatever you are working on! Come to one or all! Registration is required.



ANIME & ART: SOOT SPRITE HOOP

Wednesday, May 10

7:00-9:00 p.m. | MRRL Art Gallery

Join us for an evening of anime, snacks, and activities! Watch anime with others who appreciate the joy, while trying some snacks, and making a craft. This evening, we will be working on your own soot sprite hoop to bring home! Registration is required.



LU-MRRL LECTURE SERIES: FIGHTING VIRAL INFECTION WITH LOVE, RESPECT, AND COMPASSION (AND GOOD DATA)

Tuesday, May 9

6:30-8:00 p.m. | MRRL Art Gallery

Sara Eber is an assistant professor with LU's Cooperative Extension Office and Human Nutrition and Health Program. She will cover pioneers in immunology, review vaccine hesitancy from past to present, and compare and contrast myths vs. evidence related to vaccines. Attendees will learn to acquire information from reliable sources, best strategies for discussing vaccine concerns with their health care provider, and the importance of initiating healthy, respectful dialogue with family and friends.



AFTERNOON CREATIVE CLUB

Thursday, May 11

1:30-4:00 p.m. | MRRL Art Gallery

Every now and then an afternoon needs to be dedicated to creative, relaxing endeavors. Join us at the library's new Afternoon Creative Club where you can meet other gamers and crafters. Enjoy collaborating on jigsaw puzzles, playing Scrabble, or learning a new crafting hobby. The library will provide games and art material, you bring the fun and willingness to try something new!



Fairy/Gnome Home Craft at Taos

Friday, May 5
6:00-7:30PM

For kids and adults!

Create your own Mini Fairy Garden. The library will provide supplies including various containers, succulents, and fun decorations for the gardens. (12 seats for adults, first come, first served.)



DUNGEONS AND DRAGONS

Thursdays, May 11 & 25

Ages 12+

6:00-9:00 p.m. | MRRL Art Gallery & Truman Room

Are you an adventurer at heart? Play Dungeons & Dragons with us! The excitement is real and the escapades are never-ending! You might stomp your way through an army of orcs, or go on a noble quest to rescue a whole town. You decide! Please contact Mariah at luebberingm@mrml.org for more information. Whether you are a long-time adventurer or brand new to the game, you are welcome to join us.

Caring Connections

CARING CONNECTIONS

Monday, May 15

12:00-2:00 p.m. | MRRL Main Floor

Caring Connections is a monthly event where local agencies will be at the library to offer a variety of services to families in need, all in one location. Find assistance and information from various state social services agencies overseeing, Child Support, SNAP, Temporary Assistance Child Care, MO HealthNet, and Area Agency on Aging.

In addition, representatives from Compass Health Network, Common Ground, CLAIM and Mid Missouri Legal Aid will be available to answer questions and provide assistance as time allows.

Please bring your ID, Social Security card, proof of income, copy of lease/bills, etc.



LOOSELY BOUND BOOK CLUB

Monday, May 15

Ages 18+

6:00-7:30 p.m. | Truman Room

Looking for your next great read? Instead of reading the same book each month, members read a book of their own choice related to the theme of the month. This month's theme is "coming of age." Feel free to interpret that however you like! We can't wait to hear what you read! Discussions and recommendations abound! Ages 18 and up.

POETRY NIGHT

THE VOICE WITHIN US

POETRY NIGHT: THE VOICE WITHIN US

Tuesday, May 16

6:30-8:00 p.m. | Truman Room

An informal group for poetry lovers. Participants are encouraged to bring in their favorite poem or poems to read aloud, followed by group discussion. Participants are also encouraged to bring poetry they have written themselves to read aloud. Poetry writers are given constructive criticism with discussion. This is a non-judgmental participating group. Open to ages 17 and up.

JOB SEARCH

THURSDAYS

JOB SEARCH THURSDAY

Thursday, May 18

11:00 a.m.-3:00 p.m. | MRRL Art Gallery

The Capital City Job Center in Jefferson City is excited to announce its partnership with the Missouri River Regional Library to host Job Search Thursdays, a monthly hiring event offering both employers and job seekers the opportunity to connect and do on-the-spot interviews. Employers can register today at (573) 526-8115 or learn more at cwwregion.com/jst.

MUSIC

at the Library

MUSIC AT THE LIBRARY: KEEP IT OLD-TIME--FIDDLE MUSIC IN MISSOURI FROM THE 1960S FOLK MUSIC REVIVAL TO THE PRESENT

Sunday, May 21

2:00-3:30 p.m. | MRRL Art Gallery

This program offers some live examples of Missouri fiddling and dance music and includes discussion about the history and people of the fiddle.

The presenter, Dr. Howard Marshall, is professor emeritus and former chair of art history and archaeology and director of the Missouri Cultural Heritage Center at the University of Missouri. He will be accompanied by his old friends Heinrich Leonhard and friends.

Marshall's new book, the final book in his trilogy about fiddlers, will be available at the program, along with the first volumes.

GLASS PAINTING

GLASS PAINTING

Monday, May 22

6:00-8:00 p.m. | Truman Room

Tuesday, May 23

1:00-3:00 p.m. | MRRL Art Gallery

Join us learning how to make your own reverse glass painting! Many different pictures will be available so you can shine with your own individual creativity. Though, of course, we will go step-by-step together to make certain everyone is comfortable learning a new art. Everyone will take home their own masterpiece. Choose only one session. Registration required.



FICTION @ NOON

Tuesday, May 30

12:00-1:00 p.m. | Truman Room

This month's discussion is *Persuasion* by Jane Austen with discussion hosts, Claudia and Kathy. Please call the library to put your copy on hold today.

THE PLANET'S PLASTIC CRISIS

THE PLANET'S PLASTIC CRISIS AND OUR HEALTH

Wednesday, May 31

6:45-8:15 p.m. | MRRL Art Gallery

Aside from being unsightly, single-use disposable plastic is a serious climate concern. Plastic production and waste mismanagement--from the extraction of component materials to various manufacturing processes--pose significant threats to climate stability, biotic and abiotic natural resources, human health and quality of life. This program will feature Dana Ripper, who will discuss the various points in plastic production and waste management where change can be made and how you can become involved in that change. She is a wildlife ecologist who focuses on conservation via ecosystem health. In 2010, she co-founded the Missouri River Bird Observatory, a nonprofit organization dedicated to conservation via science, education and advocacy. One of MRBO's major emphases is systemic reduction in single-use plastics, and it is an affiliate organization of break Free From Plastic and Beyond Plastics.

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<p>Sign up for weekly UPDATES at www.mrrl.org</p>  <p>Using Consumer Reports with your Library Card 10:00-11:15AM</p>	<p>1</p> <p>Lego Block Party 6:00-7:00PM</p> <p>Pizza and Pages 6:45-7:45PM</p>	<p>2</p> <p>Preschool Storytime 10:30-11:00AM</p> <p>Knitting & Crocheting @ the Library 6:00-7:45PM</p> <p>Art of Martial Arts Karate Workshop 6:30-7:30PM</p>	<p>3</p> <p>Kidsight Free Vision Screening for Kids 10:00-11:00AM</p> <p>Family Story Time 10:30-11:30AM</p> <p>Tail Waggin' Tutors 11:30AM-12:30PM</p> <p>Yoga 5:30-6:30PM</p> <p>Shelf Indulgence 6:00-7:30PM</p>	<p>4</p> <p>Yoga 9:30-10:30AM</p> <p>Ukulele Jam Session 1:15-2:45PM</p> <p>Games @ MRRL: Spy Teams 6:00-7:30PM</p>	<p>5</p> <p>Rhyme Time 9:30-10:00AM, 10:15-10:45AM, & 11:00-11:30AM</p> <p>Fairy/Gnome Home Craft in Taos 6:00-7:30PM</p> <p>First Friday Film 7:00-9:00PM</p>	<p>6</p>
<p>7</p>	<p>8</p> <p>Kids After School Event: Minute to Win It 4:00-5:30PM</p> <p>Teen Art Club 5:30-7:00PM</p> <p>Adult Art Club 7:00-9:00PM</p>	<p>9</p> <p>Preschool Storytime 10:30-11:00AM</p> <p>Junk Journals: Creative Concepts Together Part I 6:00-8:00PM</p> <p>LU-MRRL Lecture Series 6:30-8:00PM</p> <p>Novel Ideas 6:45-7:45PM</p>	<p>10</p> <p>Family Story Time 10:30-11:30AM</p> <p>Yoga 5:30-6:30PM</p> <p>Evening Family Story Time 6:00-6:30PM</p> <p>Modeling 3D Prints with Tinkercad 6:00-7:30PM</p> <p>Anime and Art 7:00-9:00PM</p>	<p>11</p> <p>Yoga 9:30-10:30AM</p> <p>Afternoon Creative Club 1:30-4:00PM</p> <p>Dungeons & Dragons 6:00-9:00PM</p>	<p>12</p> <p>Sensory Play Day 10:15-11:00AM</p>	<p>13</p> <p>Mom and Me 11:00AM-12:00PM</p>
<p>14</p>	<p>15</p> <p>Caring Connections 12:00-2:00PM</p> <p>Loosely Bound Book Club 6:00-7:30PM</p> <p>Market Research Essentials 6:00-7:30PM</p>	<p>16</p> <p>Preschool Storytime 10:30-11:00AM</p> <p>Cosplay Workspace 6:00-7:30PM</p> <p>Junk Journals: Creative Concepts Together Part II 6:00-8:00PM</p> <p>Poetry Night: The Voice Within Us 6:30-8:00PM</p>	<p>17</p> <p>Family Story Time 10:30-11:30AM</p> <p>Tail Waggin' Tutors 3:00-4:00PM</p> <p>Yoga 5:30-6:30PM</p>	<p>18</p> <p>Yoga 9:30-10:30AM</p> <p>Job Search Thursdays 11:00AM-3:00PM</p> <p>Teen Anime Club 4:30-6:00PM</p> <p>Bookworms 5:30-6:00PM</p> <p>Ukulele Jam Session 6:15-7:45PM</p>	<p>19</p> <p>Rhyme Time 9:30-10:00AM, 10:15-10:45AM, & 11:00-11:30AM</p> <p>Family Movie Night 6:00-8:00PM</p>	<p>20</p> <p>Pokémon Card Playing Day 11:00AM-12:30PM</p>
<p>21</p> <p>Music at MRRL 2:00-4:00PM</p>	<p>22</p> <p>Chess Club 6:00-7:30PM</p> <p>Glass Painting 6:00-8:00PM</p>	<p>23</p> <p>Preschool Storytime 10:30-11:00AM</p> <p>Glass Painting 1:00-3:00PM</p> <p>Genealogy 5:45-7:45PM</p> <p>Junk Journals: Creative Concepts Together Part III 6:00-8:00PM</p> <p>Among Us 7:00-8:00PM</p>	<p>24</p> <p>Family Story Time 10:30-11:30AM</p> <p>Yoga 5:30-6:30PM</p> <p>Kids STEAM Night: Snap Circuits 6:30-7:30PM</p> 	<p>25</p> <p>Yoga 9:30-10:30AM</p> <p>Minecraft @ MRRL 4:00-5:30PM</p> <p>Dungeons & Dragons 6:00-9:00PM</p>	<p>26</p>	<p>27</p>
<p>28</p> <p>CLOSED IN HONOR OF MEMORIAL DAY</p>	<p>29</p>	<p>30</p> <p>Helen Haynes Presents Musikgarten 10:30-11:00AM & 11:15AM-12:00PM</p> <p>Fiction @ Noon 12:00-1:00PM</p> <p>Junk Journals: Creative Concepts Together Part IV 6:00-8:00PM</p>	<p>31</p> <p>Family Story Time 10:30-11:30AM</p> <p>Yoga 5:30-6:30PM</p> <p>The Planet's Plastic Crisis and Our Health 6:45-8:15PM</p>	<div>  (573) 634-2464  www.mrrl.org  Follow the Missouri River Regional Library on Facebook and Instagram!  </div> <div> KEY <ul style="list-style-type: none"> Adults Computer Kids Teens New Adults Wardsville </div>		