NOVEMBER 2022

ADULTS









Programs for adults at the Missouri River Regional Library



STEPS TO HEALTHY LIVING

Tuesdays, October 11-November 15 10:00 a.m.-12:30 p.m. | Mark Twain Room

The Library and Aging Best are hosting an in-person healthy living workshop.

Learn to reduce stress, increase exercise, have better communication with yourself AND others. Join us to better manage symptoms such as fatigue, pain, depression and much more! This program will assist participants with building confidence in managing their health and keeping them active and engaged in their lives.

Registration closed October 11.



KNITTING & CROCHETING

Tuesday, November 1 6:00-7:45 p.m. | Truman Room

Come knit or crochet! We provide basic lessons and yarn, but you need to bring your own knitting needles or crochet hook. Ages: 12 and up (teens & adults).



VOGA

Wednesdays, November 2, 9, 16, & 30 5:30-6:30 p.m. | MRRL Art Gallery Thursdays, November 3, 10, & 17 9:30-10:30 a.m. | MRRL Art Gallery

Rejuvenate your mind and body. All shapes, sizes, and abilities are welcome. Bring a mat (or towel) to class if you have one, but these are not required. Drop-ins welcome.

Local Authors Showcase

Sunday, December 11 1:30-4:00PM

Registration Deadline is December 8

To register, send your name, email address, and phone number to matsonm@mrrl.org



SHELF INDULGENCE

Wednesday, November 2 6:00-7:30 p.m. | Truman Room

Shelf Indulgence is our newest book club! A new book will be selected each month to discuss. Librarians at the Information Desk are available to help find a copy for each attendee! Indulge yourself and dig into some great literature with other book lovers. The books we will be discussing in November are *The Tao of Pooh* by Benjamin Hoff and *Mexican Gothic* by Silvia Moreno-Garcia.



FAMILY BOOK BINGO AND ALCOHOL INK COASTERS IN WARDSVILLE

Friday, November 4 5:45-8:00 p.m.

From 5:45 - 6:45 pm: An hour of Bingo fun for the family. Winning cards earn book prizes for children, teens, and adults. No reservations needed.

From 7:00 - 8:00 pm: Hey, adults! Learn how to make vibrant, colorful works of art with alcohol ink. We will be making coasters. No reservations needed.



FIRST FRIDAY FILM: JUDGMENT AT NUREMBERG

Friday, November 4 7:00-9:00 p.m. | MRRL Art Gallery

Considered one of the greatest films of all time, Judgment at Nuremberg is acclaimed as a magnificent achievement in filmmaking by director Stanley Kramer and an all-star cast including Spencer Tracy, Maximilian Schell, Burt Lancaster, Judy Garland, William Shatner, Marlene Dietrich, and Montgomery Clift. American judge Dan Haywood presides over the trial of four German jurists accused of "legalizing" Nazi atrocities.

ANIME & ART

ANIME & ART

Wednesday, November 9 7:00-9:00 p.m. | MRRL Art Gallery

Join us for an evening of anime, snacks, and activities! Watch anime with others who appreciate the joy, while trying some snacks, and making a craft. This evening, we will be working on your own Totoro and No-Face art to bring home! Registration is required.



DUNGEONS AND DRAGONS

Thursday, November 10 Ages 12+

6:00-9:00 p.m. | MRRL Art Gallery

Are you an adventurer at heart? Play Dungeons & Dragons with us! The excitement is real and the escapades are never-ending! You might stomp your way through an army of orcs, or go on a noble quest to rescue a whole town. You decide! Please contact Mariah at luebberingm@mrrl.org for more information. Whether you are a long-time adventurer or brand new to the game, you are welcome to join us.

MRRL/ABLE Mini Book Sale

MRRL/ABLE MINI BOOK SALE

November 12-13
All Day | MRRL Art Gallery

Join us for a pop-up used book sale on the main floor of the Library. This mini book sale includes both adult and children's materials.

Prices:

Hard backs are \$2 and paperbacks are \$1.



I have always imagined that paradise will be a kind of library

–Jane Austen

virtual DIY HOMESTEADING

VIRTUAL DIY HOMESTEADING

Monday, November 14 6:00-7:00 p.m. | Virtual Program

Have you ever been interested in homesteading? Do you want to reduce the amount of chemicals in your home and food? Are you trying to go plastic free? Join us each month for a virtual demonstration where we'll learn how to DIY various items for your home. These prerecorded videos will be available to watch at your leisure at www.facebook.com/groups/mrrladults. In November, we will be making alcohol ink presents such as note cards and coasters.

Please email Mariah at luebberingm@mrrl.org for more information.



ADULT ART CLUB

Monday, November 14 7:00-9:00 p.m. | Virtual Program

Everyone needs some time that is just for them. The Adult Art Club is for anyone who just wants to enjoy some art projects with others. The library will provide assorted supplies that everyone is welcome to use. You can also bring your own art project: something new, something relaxing, something to show off, or something that you could use some advice on. The opportunities are endless in this new club created to celebrate everyone's need to escape into pure enjoyment sometimes!



THE ART OF QUILLING

Tuesday, November 16 7:00-9:00 p.m. | MRRL Art Gallery Tuesday, November 29 2:00-4:00 p.m. | MRRL Art Gallery

Quilling is the art of rolling, looping, and twisting strips of paper to make beautiful artwork. Learn the basics and bring home some quilled art of your own!



JOB SEARCH THURSDAYS

Thursday, November 17

10:00 a.m.-1:00 p.m. | Mark Twain Room

Job Search Thursdays is a monthly hiring event offering both employers and job seekers the opportunity to connect and do on-the-spot interviews.

Employers can register today at (573) 526-8115 or learn more at cwdregion.com/jst.

How to Resolve

America's Immigration

Crisis

HOW TO RESOLVE AMERICA'S IMMIGRATION CRISIS

Thursday, November 17 6:30-8:00 p.m. | MRRL Art Gallery

More than most issues today, debates over immigration are caught up in our image of ourselves as a nation and a people and are influenced by powerful symbols such as the Statue of Liberty or even "the border" that can be manipulated and misunderstood by all parties to the debate. To make any progress toward resolving the conflicting interests at stake in immigration policy, we need to reconsider some basic aspects of this complex and fraught issue.

The Library is honored to host Dr. Peter

Skerry, professor of political science at Boston College and a Fellow at the Institute for Advanced Studies in Culture at the University of Virginia, for a program that will address these important national issues. Skerry is a contributing editor at American Purpose and a member of the editorial board of Society.



LOOSELY BOUND BOOK CLUB

Monday, November 21 Ages 18+

6:00-7:30 p.m. | Truman Room

Looking for your next great read? Instead of reading the same book each month, members read a book of their own choice related to the theme of the month. This month's theme is cozy fires. Feel free to interpret that however you like! We can't wait to hear what you read! Discussions and recommendations abound! Ages 18 and up.

Art Reception: Damsel in the Press

ART RECEPTION: DAMSEL IN THE PRESS: A MISSOURI PRINTMAKING EXCHANGE

Sunday, November 20 2:00-4:00 p.m. | MRRL Art Gallery

Shelly Forbis is a printmaker who earned a BFA in printmaking from Truman State University. She began hosting printmaking exchanges under the Damsel in the Press mantel in 2012. In the case of print exchanges hosted by Damsel in the Press, each artist receives one of every print submitted to the exchange. The original motivation for Damsel in the Press was to keep a means of communication open with other Truman State printmaking alumni. Now the exchange is a means of connecting artists from all over the USA and a few printmakers from overseas. The current display represents Missouri artists from 10 different printmaking exchanges.



FICTION @ NOON

Tuesday, November 29 12:00-1:00 p.m. | Mark Twain Room

Please join MRRL co-hosts Claudia and Kathy for a holiday lunch followed by the discussion of this famous work and the viewing of the classic film, *Miracle on 34th Street*.

LU-MRRL LECTURE SERIES

LU-MRRL LECTURE SERIES: LINCOLN UNIVERSITY POETRY WORKSHOP LIVE SERIES

Tuesday, November 29 6:30-8:00 p.m. | MRRL Art Gallery

The undergraduate poets from the English 376: Intermediate Poetry Workshop and English 476 Advanced Poetry Workshop (taught by Elijah Burrell, poet and associate professor of English) will present a public reading and engage directly with a live audience. This reading is open to the general public, and we hope friends of the English program at Lincoln University and students from neighboring colleges and universities will attend. Poetry enthusiasts across mid-Missouri are always welcome to join the program in support of student writers.

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(573) 634-2464



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Follow the Missouri River Regional Library on Facebook and Instagram!

Business Solutions 101 8:00-9:00AM

Steps to **Healthy Living** 10:00AM-12:30PM

Preschool Storytime 10:30-11:00AM **Tail Waggin' Tutors**

5:30-6:30PM **Knitting &** Crocheting @ MRRL 6:00-7:45PM

Family Story Time 10:30-11:30AM **Tail Waggin' Tutors**

11:30AM-12:30PM

Yoga

5:30-6:30PM **Shelf Indulgence** 6:00-7:30PM

Yoga

9:30-10:30AM Make it @ MRRL 6:00-7:00PM

Rhyme Time 10:00-10:30AM & 10:45-11:15AM

Family Book Bingo and Alcohol Ink Coasters in Wardsville 5:45-8:00PM

First Friday Film 7:00-9:00PM

6

Lego Block Party 6:00-7:00PM **Pizza and Pages** 6:45-7:45PM

Steps to **Healthy Living** 10:00AM-12:30PM

Preschool Storytime 10:30-11:00AM **Novel Ideas** 6:45-7:45PM

Family **Story Time** 10:30-11:30AM

Yoga 5:30-6:30PM

Evening Family Story Time 6:00-6:30PM **Designing Holiday**

Cards with Canva 6:00-7:30PM **Anime and Art**

7:00-9:00PM

10

Yoga 9:30-10:30AM

Dungeons & Dragons 6:00-9:00PM

CLOSED

Veteran's Day

MRRL/ABLE Mini Book Sale

9:00AM-5:00PM **Teen After Hours** 6:00-8:30PM

MRRL/ABLE Mini Book Sale 1:00-5:00PM

Kids After School: Tower Power 4:00-5:30PM **Teen Art Club**

5:30-7:00PM Virtual DIY Homesteading 6:00-7:00PM **Adult Art Club** 7:00-9:00PM

15 Steps to **Healthy Living** 10:00AM-12:30PM

> **Preschool Storytime** 10:30-11:00AM Make it @ MRRL

6:00-7:30PM **Prepare for Exams** with Learning **Express** 6:00-7:30PM

6

Kidsight Free Vision Screening For Children 10:00-11:00AM

Family Story Time 10:30-11:30AM

Tail Waggin' Tutors 3:00-4:00PM Yoga

5:30-6:30PM

17 Yoga

9:30-10:30AM **Job Search Thursdays**

10:00AM-1:00PM

Teen Anime Club 4:30-6:00PM

Bookworms 5:30-6:30PM

Rhyme Time 10:00-10:30AM & 10:45-11:15AM

Family Movie Night 6:00-8:00PM

All Things Cosplay with Cosplacon

19

12:00-4:00PM

How to Resolve America's **Immigration Crisis** 6:30-8:00PM The Art of Quilling

20

Art Reception: Damsel in the Press: A Missouri Printmaking Exchange 2:00-4:00PM

Loosely Bound Book Club 6:00-7:30PM

Preschool Storytime 10:30-11:00AM

Genealogy 5:45-7:45PM

7:00-8:00PM

Kids STEAM Night: Snap Circuits 6:00-7:00PM Among Us

Family Story Time

10:30-11:00AM

CLOSING EARLY

5 PM BOOK MOBILE

7:00-9:00PM

Thanksgiving Thanksgiving Holiday

Holiday

26

27

28

Chess Club 6:00-7:30PM 29

Preschool Storytime Family Story Time 10:30-11:00AM

Fiction @ Noon 12:00-1:00PM

The Art of Quilling 2:00-4:00PM **LU-MRRL Lecture**

Series 6:30-8:00PM 30

10:30-11:00AM Facebook for Beginners 10:30-11:45AM

Yoga 5:30-6:30PM **KEY**

Adults

Computer Kids

Teens **New Adults**

Wardsville

Sign up for weekly **UPDATES** at www.mrrl.org

